MONDAY 28th October to SUNDAY 3rd November

Monday 28th

11 am Tokyo tour



1:30 pm - Documentary of choice

Tuesday 29th

11 am-Wordsearch



1:30 pm- Quiz

Wednesday 30th

11 am- Social morning



1: 30 pm- Colouring

Windsor Lounge Thursday 31st

11 am- Halloween guiz and other games



11:30 am Gentlemen's club

Friday 1st

11:00 am Arts and crafts Diwali session



1:30 pm Diwali celebration

Saturday 2nd

10 am- Brain training; games & puzzles



2 pm- Oomph Choice

Sunday 3rd

10 am Tv choice



2 pm – Oomph choice

Windsor - The Film House

Monday

1:30 pm Film of choice



Tuesday

1:30 pm Film "Matilda"



Wednesday 11:15 am- Discussion



Thursday

2 pm – Halloween themed costume party



Friday



Saturday 2 pm-Brain Training jiqsaw & puzzles



<u>Su</u>nday 2 pm- Afternoon film; resident's choice



Balmoral Lounge

Monday

11 am- Colouring



1:30 pm Parachute game

Tuesday

11 am-Documentary



2pm – Afternoon tea with "Eta James"

Wednesday

11 am- Michael Jackson biography



2 pm -Music

Thursday



2 pm - Balloon game

Friday

11 am- Skittles



2 pm- Music therapy

Saturday

10 am- Mindfulness:



2 pm-Oomph choice

Sunday

9 am- TV Choice



2 pm- Oomph choice

The Orangery and The Zen Room

Monday

11 am ZEN- Social morning and Magic table



2 pm Orangery – Tv choice

Tuesday

10:30 am Orangery-Mindfulness: **Musical Relaxation**



2 pm ZEN – Magic table

Wednesday

11 am Orangery- Games & Puzzles



2 pm ZEN -Magic table

Thursday

11 am Orangery – Classical music



2:30 pm ZEN – Magic table

Friday

11 am Orangery – TV choice



2 pm ZEN – Magic table

Saturday

11 am Orangery-Mindfulness: **Musical Relaxation**



1:30 pm ZEN- Magic table

Sunday

11 am ZEN- Jigsaw & Puzzles



2 pm Orangery- Oomph choice